

The Veterans Voice

WINTER 2005



Reminiscing is Popular with Residents, Staff and Volunteers

By Fay Mahoney, Volunteer

The New Hampshire Veterans Home is always looking for entertainment and activities to please the majority of the residents.

Reminisce is a very popular hour and will be expanded to twice a week to accommodate the growing demand. Tom Heald, Program Manager - Tarr Units, certainly knows how to keep the discussions going and to provoke the unexpected responses from the residents. For the most part, Reminisce appeals more to the men than to the women, but a couple of the ladies do attend and take the conversations all in.



Take this question and answer:

"Why don't we see more men ice skaters in the lime-light?"

To which the reply came loud and clear, "Who wants to look at men?"

One of the women noted after the one hour session, "I never heard of, or ever saw skis made from barrel staves!" Barrel staves are the narrow curved strips of wood that make up a barrel.

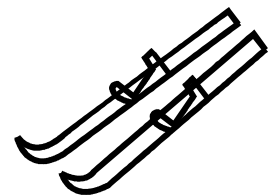
Horse drawn plows for the sidewalks in days gone by had been seen by most of the residents in attendance as were the famous "snow rollers" drawn by a team of horses, as the means of moving the snow off the streets didn't exist until spring arrived!

It was common for many of the residents to catch a

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"snow train" out of Boston to New Hampshire to go skiing.

A more recent storm of great proportions was the Great Blizzard of 1978 which shut Boston down for a week. The Military was called in to help with snow removal. In those days, the availability of dialysis centers was limited and so the patients were brought into Boston on snowmobiles.

And what young at heart resident would ever forget digging tunnels in the snow banks, and in some cases, being stuck inside as a portion collapsed!

Typical of the cold weather being experienced in Tilton and all of New Hampshire, during the most recent session residents reminisced about illnesses at the end of the 1800s and into the 1900s. One thing for sure, all the residents were happy to be at the NH Veterans Home where they get the latest in medical care and are warm on these wind chill days.

It was very common for several siblings to share the same bed, sleeping crosswise with several layers of blankets to cover them. If they did become ill, Mom would always get the steam out for the children to inhale and in many cases would go to "onion plasters" on the chest. Of course, she could get out the brandy and make up a good drink.

No one had experience with the famous "Pest House" used for those with contagious diseases. Hospital visits might be considerably longer than they are today.

Cuts were treated with hot soap and water or iodine. The band aid pulled the hair out when removed. Ouch!

Vaccinations became quite routine as time and medicine advanced, preventing small pox and more recently in the 1950s, polio.

Someone will eventually know of a piece of history that the rest of the crowd doesn't, which adds to the fun of participating in the Reminiscing. And, on occasion, a guest or two of the residents will sit in as well.

What will they discuss next, maybe fires in the frigid winters?

Get the butter and popcorn ready in the machine and the residents will follow the smell of fresh popcorn to the latest gathering and enjoy the fellowship with one another!



Residents and Staff exchange stories about "the good old days" during a recent gathering of The Reminisce Group.

A Preview of Upcoming Events

We hope that you will join us for one or more of the following occasions. There are numerous opportunities for you to become involved as we honor our veterans, celebrate the holidays, and participate in recreational activities. The following dates are subject to change, so please call ahead if you plan to attend one of the following events or if you or your organization would like to become involved in sponsoring an event or outing. We look forward to seeing you!

February 2005

On **February 15, 2005**, we welcome friends, family and volunteers to join us for the **Valentine's Day Dance**. The dance floor opens at 1:30 p.m.

March 2005

Be sure to start planning your float for the **St. Patrick's Day Parade** on **March 16, 2005**. The party will continue on **March 17, 2005** during our **St. Patrick's Day Coffee Social** featuring entertainment by Peter Ole.

April 2005

Stay tuned for details about our scheduled activities for **Volunteer Appreciation Week - April 17 - 25, 2005**.

May 2005

We will be planning events in honor of Residents and Staff during **National Nursing Home Week - May 8 - 15, 2005**. Please join Residents and Staff for a Commemorative Celebration of the **60th Anniversary of V-E Day on May 8, 2005**. Our Annual **Memorial Day Ceremony** will be held on **May 31, 2005**.

June 2005

Save the Date for our **Second Annual Motorcycle Poker Run** on **Saturday, June 11, 2005**. To participate, sponsor or volunteer for the event, contact Lisa-Marie Mulkern at 527-4400.

July 2005

Volunteers and Supporters will be honored during our **Annual Appreciation Day Picnic** that will take place on **Saturday, July 9, 2005**.

August 2005

Commemorative Celebration of the **60th Anniversary of V-J Day** on **August 15, 2005**.

New Employees

NHVV applauds the efforts of its dedicated staff. The following employee update covers the period from June 1, 2004 through December 31, 2004.

Welcome to our New Employees...

Employee Name	Position	Date of Hire
Laurie Methven	Human Resources Administrator	6/01/04
Teresa Jordan	Nursing Assistant Trainee	6/01/04
Emily Perry	Nursing Assistant Trainee	6/14/04
Stacey Riley	Nursing Assistant II	6/14/04
Nancy Boyd	Nursing Assistant II	6/14/04
Charlene Lizotte	Nursing Assistant II	7/06/04
Tracie Carritte	Nursing Assistant II	7/06/04
Elizabeth Greene	Recreational Therapy Assistant I	7/09/04
Cynthia Harbour	Health Facility Cleaner II	7/09/04
Lynn Hilbrunner	Food Service Director	7/12/04
Scott Jones	Food Service Worker II	7/23/04
Cassie Boudreau	Nursing Assistant I	7/23/04
Catherine Leeming	RN II	7/23/04
Sharon Sammon	Nursing Assistant Trainee	8/02/04
Katherine Dyer	RN II	8/02/04
Keith Pepper	Nursing Assistant II	8/02/04
Charles Johnson	Building Service Worker III	8/06/04
Lynnae Bouley	Food Service Worker II	8/06/04
Mary Foster	Food Service Worker II	8/17/04
Bonnie Colby	Food Service Worker II	8/21/04
Jennifer Peavey	Nursing Assistant I	9/07/04
Ken Cogburn	Nursing Assistant II	9/07/04
Denice Fisk	Nursing Assistant II	9/07/04
Jill Minery	Nursing Assistant II	9/07/04
Lydia Schiltz	Nursing Assistant Trainee	9/07/04
Corinne Fitts	Health Facility Cleaner II	9/08/04
Linda Versyn	LPN	9/09/04

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Staff News and Events

New Hampshire Veterans Home staff members were honored recently for their individual and collective efforts in caring *for those who served*. All of the home's employees were awarded Certificates of Appreciation and New Hampshire Veterans Home pins during Staff Appreciation Day. The staff appreciation festivities included the official opening of the new staff break room complete with refreshments and a ribbon cutting ceremony.

Resident Council President Charles Safford and Resident Council Chaplain Phil Walton thanked all of the employees for their dedicated service. Mr. Safford spoke from a poem that he had written, which read in part, "As one among many residents, here at this veterans home, staff treats us as if we are presidents, speaking softly in a gentle tone."

Following the celebration, it was right back to work! Sandy Valtz, Infection Control/Quality Assurance and Donna Lamprey, House-keeping Supervisor were especially busy preparing for the recent "Safety/Infection Control Awareness Day". Sandy and Donna coordinated the campaign's efforts to reinforce the message that "Safety is Everybody's Job!"



The NHVH Facility Services Department worked diligently to complete renovations for the new employee break room. Pictured above from left to right are Frank Gilbert, Scott Goss, George Sleeper and Larry Goss.



Sandy Valtz, Infection Control/Quality Assurance is pictured above with one of the numerous displays available during "Safety/Infection Control Awareness Day".

A variety of instructional materials and demonstrations were available to inform staff members of the importance of all safety precautions, inspections and reports as well as infection control measures. A particularly hazardous "mock resident room" was assembled for inspection. Staff members competed to see who could identify all of the safety hazards in the shortest amount of time.

The "What's Wrong with this Room" competition was especially entertaining. Most importantly, the display emphasized the need for all staff members across all departments to be able to identify and correct safety hazards. Our thanks to Sandy, Donna and all the staff members who participated in the activities designed to keep us safe!

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New Employees

Welcome to our New Employees...*(continued from page 4)*

Employee Name	Position	Date of Hire
Todd Briggs	Nursing Assistant II	9/09/04
Jesse Propri	Food Service Worker II	9/11/04
Doreen Thibault	Food Service Worker II	9/17/04
Candace Hodder	LPN	9/20/04
Patricia Sariol	LPN	9/20/04
Jennifer Cote	Nursing Assistant II	9/20/04
Kelly Dyer	Nursing Assistant II	10/04/04
Jessica O'Connell	Food Service Worker II	10/04/04
Kathleen Fifield	Nursing Assistant II	10/04/04
Melissa Camire	Nursing Assistant II	10/04/04
Rita Bailey	Nursing Assistant II	10/04/04
Holly Moses	Health Facility Cleaner II	10/11/04
Karen Kearney	LPN	10/15/04
Jaqueline Sullivan	RN II	10/18/04
Deborah Ross	Nursing Assistant II	10/19/04
William Losefsky	Director of Safety and Security	11/01/04
Jeremy Sherman	Nursing Assistant II	11/01/04
Connie Fellows	Laundry Worker II	11/19/04
Cherene Drew	Nursing Assistant II	11/22/04
John Boyd	RN III	12/26/04

Congratulations to the following employees on their recent promotions:

Kristine Day , Nurse Manager, LEDU
Shirley Ray, Admissions Nurse
Florence Davis, Chauffer
Donna Hopkins, Assistant Nurse Manager

Warren Smith, Food Service Worker II
Scott Goss, Maintenance Mechanic II
Sandy McCarthy, Switchboard Operator II

Welcome to our Home!

The following Residents joined the New Hampshire Veterans Home as of the dates indicated below. Fellow residents and staff members extend a warm welcome.

Richard Lawson	7/07/04	John Gogel	9/13/04
Robert Smith	7/12/04	Arthur Ricard	9/14/04
Vernon Vermouth	7/13/04	Lawrence Draper	9/16/04
Samuel Curtis	7/15/04	Bernard Garrity	9/27/04
Lucille Martel	7/19/04	Mary Sabine	9/28/04
Charles Frye	7/20/04	Gene Simpson	10/05/04
Ruth Rimmer	7/26/04	Elwin Millette	10/07/04
Ralph Saviano	7/27/04	Elwin Ford	10/21/04
Leo Murphy	7/29/04	Harold Ness	11/01/04
Russell Sargent	8/02/04	Kenneth McWilliams	11/02/04
Ernest Desmarais	8/09/04	John Rider	11/04/04
Frederick Kidd	8/10/04	Francis Zimmerman	11/08/04
Alphonse Lanzo	8/17/04	Francis Burnham	11/09/04
George Stanley	8/19/04	Germaine Monday	12/08/04
Robert Kecy	8/24/04	George Morse	12/13/04
Edward Keeney	8/30/04	Gerard Stanton	12/14/04
Norman Lacasse	9/02/04	John Hiller	12/20/04
Arthur Roberts	9/07/04	Thomas Eschenbrenner	12/28/04

New Hampshire Veterans Home—Board of Managers

Joseph Vitale, Chairman of the Board, (Disabled American Veterans)
Donald R. Caron, Secretary of the Board, (Veterans of Foreign Wars)
Wanda Furbish, (Disabled American Veterans Auxiliary)
William Hooley, (American Legion - Department Commander)
Kevin McKeating, (Veterans of Foreign Wars - Department Commander)
Richard L. Murphy (Marine Corps League - Commandant)
Thomas J. Ritzman (Disabled American Veterans - Department Commander)
Anthony J. Romano, Jr. (Marine Corps League)
Robert Wyman (American Legion)

Staff News and Events

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While we enjoyed events such as the opening of the new employee break room and the competition of safety awareness day, we had mixed emotions about the retirements of two long-term employees. We recently bid farewell to Rachel Roberts, who was a member of the housekeeping department since October 1990. Donna Lamprey, Housekeeping Supervisor, fondly recalled Rachel's creativity, reliability and willingness to go the extra mile to assist both Residents and fellow staff members.

"Thank you, Rachel for just being you and for helping us to provide a better quality of life for all of the Veterans Home family", Donna commented..

Residents and Staff members also expressed their gratitude to Carolyn Pillsbury, a nurse who retired after serving the needs of NHVH Residents since 1991. Carolyn's efforts also went above and beyond the responsibilities of providing nursing care. Carolyn also demonstrated a thorough commitment to creating the most homelike environment for the men and women who reside here.



Donna Lamprey (left) bids farewell to Rachel Roberts who retired from the housekeeping department following 14 years of service to the New Hampshire Veterans Home.



Residents and Staff gather for the retirement celebration for Carolyn Pillsbury who was a member of the NHVH nursing department since 1991. Pictured above from left are Commandant Barry Conway, Carolyn Pillsbury, Brenda Mottram and Anne Howe.

Red Sox Win!

By Lisa-Marie Mulkern, Public Affairs and Development Director

Months after the World Series, we are still celebrating the Red Sox victory and reminding ourselves that it really did happen. It seems as though all of Red Sox nation had been waiting an eternity for a World Series win! Red Sox nation is comprised of fans of all ages. Some fans are too young to fully comprehend the significance of the recent victory. While other fans, such as those who reside here at the New Hampshire Veterans Home, truly define the meaning of having waited a lifetime!

NHVV Resident Jack Donnelly is an 82 year old veteran who served in the Navy during World War II. "I never thought I'd live to see the day", Jack explains as he shows me the collage of photographs that NHVV staff members Barbara Evans and Melva Day took as he posed with the World Championship Trophy. In addition to the photographs, Jack's room has several plaques, pictures and banners displaying his appreciation for New England sports teams, particularly the Boston Red Sox.



Jack Donnelly pictured above with the World Series Championship Trophy during a recent tour stop in Manchester.

Donnelly has been a Red Sox fan for as long as he can remember.

He grew up in Holyoke, Massachusetts and has fond memories of hitchhiking his way down to Fenway Park to watch games in the fifty cent bleacher seats. Jack's frequent companion during those trips was Jack Buck, the legendary broadcasting voice of the St. Louis Cardinals from 1954-2001.

The boys continued to share their interest in baseball until Jack Buck's family relocated to Cleveland when he was 15. However, Donnelly remained in touch with Buck as the boys grew into men, served their country during World War II and then quietly returned to start families and careers. Throughout those years, the St. Louis Cardinals and the Boston Red Sox met in the World Series in 1946 and again in 1967. Donnelly was privileged to join Jack Buck in the broadcasting booth and to meet with several of the players during one of the games of the 1967 World Series. Such trips to St. Louis also provided Donnelly with opportunities to visit with his sister Mary Farmer who has resided there for over forty years.

Although the Boston Red Sox failed to defeat the Cardinals in either 1946 or 1967, Jack Donnelly truly appreciated the experience of enjoying the game up close with his childhood friend. Unfortunately, the two friends did not have the opportunity to witness a third Red Sox/Cardinals World Series. Jack Buck passed away in June 2002 at the age of 77. I asked Donnelly what he

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Red Sox Win!

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thought his childhood friend would have said about the Red Sox triumph after so many years of disappointment.

“Of course, Jack would have been cheering for the Cardinals, but I do not think there a lot of baseball fans out there who do not appreciate what the Red Sox accomplished. It was such an unbelievable victory and after so many years,” Donnelly replied.

“My friends and I joke with each other about how we have to keep reminding ourselves that the Red Sox really did it this time. We had a lot of fun watching the games here at the Veterans Home. There was a group of about 10 of us who watched practically every minute of all of the games. Of course, we missed the endings of a few games that ran really late, but we were all up early the next morning in search of the final score,” he explained.

In addition to Jack’s personal collection of Red Sox and Patriots’ memorabilia, several other sports related items are on display throughout the New Hampshire Veterans Home. The family room located on the Tarr South Unit has several such photographs, including an autographed picture of Jack Buck’s son Joe. The inscription on the photograph reads, “To the great Patriot and Red Sox Fans at the NH Veterans Home, Keep Watching and Rootin’” - Joe Buck.

Joe Buck is currently a play-by-play broadcaster for FOX Sports. Donnelly takes great pride in watching Joe call the games, and he is especially looking forward to seeing him cover the New England Patriots in the upcoming Super Bowl. Donnelly also enjoys keeping in touch with Jack Buck’s wife Carole through phone calls and letters.

“There will be a good crowd of us gathered around the television for the Super Bowl. I am really looking forward to it”, Donnelly said.

CONGRATULATIONS
RED SOX!

GO PATRIOTS!



Pictured above from left are Melva Day, Jack Donnelly and Barbara Evans. Jack extends his deep appreciation to Barbara and Melva for acting quickly and on short notice to arrange his travel to Manchester!

In Loving Memory

The New Hampshire Veterans Home extends its deepest condolences to the loved ones of the following Residents who recently passed away. We are grateful for their service to this country and for the time that they spent with the NHVH family. Their presence will be greatly missed.

Name	Joined NHVH	Departed
Ernest Pinard	3/04/99	7/05/04
Alphonse Ceriello	5/17/04	7/30/04
Frederick Broga	3/11/04	7/31/04
George Harris	6/30/03	8/01/04
Roland Soucy	2/22/01	8/01/04
William Zagreski	4/07/98	8/09/04
William Sweeney	2/23/93	8/11/04
David Grothey	3/31/98	8/13/04
David Brandt	3/01/04	8/19/04
Armand Martin	2/19/98	8/26/04
Anthony Galotta	9/18/03	9/11/04
Helen Szuflicki	1/23/03	9/20/04
Kenneth Stackpole	8/03/04	9/22/04
Reynolds Allin	12/10/02	10/02/04
Arnold Harvey	4/08/04	10/02/04
Alfred Reichwagen	10/03/02	10/17/04
Maurice Clement	6/13/01	11/03/04
Maurice Blake	6/08/95	11/06/04
Peter Charland	6/21/04	11/06/04
Merville Rice	4/07/03	11/09/04
Raymond Thomas	8/15/00	11/17/04
Attilio Locicero	6/28/04	11/30/04
Fred Baker	12/07/04	12/14/04
Arthur Beebie	11/13/01	12/07/04
Leo Martin	3/15/04	12/28/04

What's Cooking?

By Elizabeth Stedman, Social Worker - Tarr North Unit

Some of the Residents here at NHVH have been cooking in a variety of groups that create culinary creations ranging from breakfast items to baked goods and several dishes in between!

The Breakfast Club included twelve residents and two staff members who gathered together at least twice a month to plan for and to prepare breakfast from start to finish. The very first meeting was organizational in nature and included decisions on a menu, date, time and location. The group then used that information to create a breakfast plan.

During the Breakfast Club experience, the residents created the menu, shopped for the ingredients and cooked the meals. David enjoyed cutting up all the fresh fruit every time. Phil enjoyed cooking bacon, ham and sausage. Harriett went shopping to help pick up the food, and everyone else pitched in to set the tables, cook the hash browns and what ever else we had that week. We had pancakes, waffles, and French toast. We made SOS and had sausage gravy.

This was truly a group effort and provided enjoyment for all. We now have additional cooking clubs that meet periodically to make different meals. It might be spaghetti and meatballs or a tasty stew, but just like the breakfast club, the residents are involved from menu to meal.

One of the Residents commented, "It is like cooking at home. Nothing could be nicer!"



Residents enjoy the results of a recent "Breakfast Club" gathering.

The Indomitable Red Sox

There are those who can swing a mighty blow,
And great pitchers like Derek Lowe.
Martinez, Wakefield and Curt Schilling
Experts who are ever ready and willing.

A bullpen with keen eyes, arms and purpose,
With reserves of steel and never nervous.
Cabrera, Mueller, Mientkiewicz, Millar,
Who cover infields and all are a star.

Ramirez, Damon, Nixon, unforgettable names.
David Ortiz hitting in all the games.
Bellhorn and Damon, wonderful fellows.
Hitting their homers, ignoring the bellows.

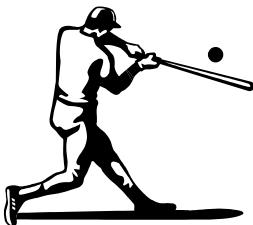
There are oh so many that are heroes to us all
Foulke, Timlin, Embree, Leskanic answered the call,
To show the Yankees that the curse is gone
Coming back with a prayer and a song.

Varitek, Mirabelli, Youkilis, Myers, Kapler, Roberts and Reese
Contributing their talents with determination ne'er to cease.
Conquering the unbelievable after a long 86 years,
Through remarkable courage, injuries and tears.

A team of men who are teammates to the core,
Whose collective goal is to increase the score.
With strength of heart and combined burst
In accomplishing an awesome, historic first.

Under Terry Francona's shrewd leadership and faith,
These men who played with a determined gait,
Did something no other team has ever done,
Came from behind and convincingly won.

Yes, history was made that day and will live in the halls of fame,
And will praise this team who proved they love the game.
It is doubtful it will ever happen again in history,
For these champions conquered a mystery.



We in New England are very proud to know the lore,
Of the Red Sox of Two Thousand Four,
Who have thrilled us remarkably well,
With a story we witnessed for years to tell.



**Charles R. Safford is a
World War II Veteran and a Red Sox
Fan**

Faces and Places

"We're put on this earth not to see through each other but to see each other through."

--Anonymous



NHVV Volunteer Ida Harris (left) was honored recently for donating over 10,000 volunteer hours to the Veterans Administration Voluntary Services program. Ida volunteers her time at both NHVV and the VA Medical Center in Manchester. Lisa Perry, Volunteer Coordinator (right) is extremely grateful for Ida's assistance.



Rachel Brown (right) was honored recently for her dedicated volunteer service to our Bingo games. Pictured with Rachel are NHVV Resident Joseph LeMay and Beth Benz, Recreation Supervisor



Ralph McGowan enjoys visiting with "Georgie Girl", a remarkably friendly Moluccan cockatoo that recently entertained a large crowd of Residents and Staff.

Holidays and Celebrations



Pat Sleeper, Recreation Department Secretary and Resident Al Nolet opened the dance floor at the Annual Harvest Ball.



ATC (AW) Bradley A. Taylor, USN provided Residents and Staff with a unique and emotional experience by conducting his reenlistment ceremony at the New Hampshire Veterans Home.



Kathleen Shannahan enjoys meeting with Santa's deputy who is also known as Harry Poper, Volunteer and Member of American Legion Post 48.

New Hampshire Veterans Home
139 Winter Street
Tilton, NH 03276

Phone: 603-527-4400
Fax: 603-527-4402

Barry E. Conway, Commandant



WE'RE ON THE WEB!

WWW.NH.GOV/VETERANS

Reminder...

Please note that our mailing address, telephone number and fax number have changed.

**New Hampshire Veterans Home
139 Winter Street
Tilton, NH 03276
Phone: 603-527-4400
Fax: 603-527-4402**

Prsrt Std
U.S. POSTAGE
PAID
PERMIT No. 1478
CONCORD, NH 03301

About the Home

The New Hampshire Veterans Home was established in Tilton in 1890 as the Soldier's Home for Civil War Veterans. Today, the modern facility is home to men and women who have served their country and fellow New Hampshire citizens in World War II as well as the wars in Korea and Vietnam. NHVH is the only long-term care facility in the Granite State that is dedicated exclusively to veterans.

As a professional health care provider, NHVH offers a full range of services including residential, medical/dental and nursing care as well as physical/occupational therapy, recreation, and dietetic and social services. Chapel services, exercise groups, arts and crafts, shopping trips, live entertainment and various com-

munity outings support residents' quality of life. NHVH also offers inter-generational programs and animal-assisted recreational therapy. Dedicated staff members work in partnership with volunteers from surrounding communities and numerous service organizations to enrich our residents' lives.

NHVH recently completed construction of a 100-person Life Enhancement Dementia Unit that serves the needs of veterans who suffer from Alzheimer's and other related memory impairment disorders. The facility addition enables NHVH to provide comprehensive long-term care services to a total of 250 Residents.

Additional information is available online at our website: www.nh.gov/veterans